

# the Eastridge Express

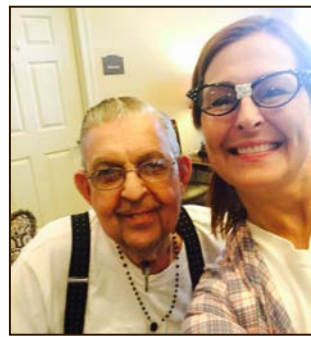
...joyful expressions from Eastridge Senior Living Suites

Eastridge Senior Living Suites, Abbeville, LA (337) 898-1944

September 2016

## Best Friend Fridays

Eastridge Senior Living has taken twinning to a new level. Starting in August, each Friday our residents have partnered with a staff member of our community to dress according to the selected theme. Recent Best Friend Friday themes were geek twinning day and favorite sports team twinning day! Residents and staff are looking forward to each Friday's theme.



## Department Heads:

Executive Director

Cathy Gros RN

Dietary Manager

Leona Green

Life Enrichment Director

Jeneen Broussard

Business Office Manager

Shara Leleux

Resident Services Director

Mary Landry LPN



**EASTRIDGE**  
SENIOR LIVING SUITES



## Join us! Cajun Family Night

Eastridge Senior Living would like to invite you to join the celebration of Assisted Living Week as we Keep Connected with our Cajun Roots. This night of fun will be held on September 15, 2016 from 5pm – 7pm. Come join us for an entertaining night the Cajun way!

## Inspirational Quote

I choose to make  
the rest of my life  
the *best* of  
my life!

## Upcoming Events

Mark your calendars and join us!

Resident Council Mtg. – September 5

Casino Trip – September 6

Assisted Living Week – September 12-16

Chicken Dance-Off – September 16

Pirate Day – September 19

Texas Roadhouse Outing – September 20

Resident Birthday Party – September 22

## Birthdays and Anniversaries

### Residents:

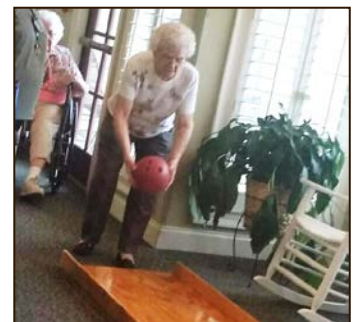
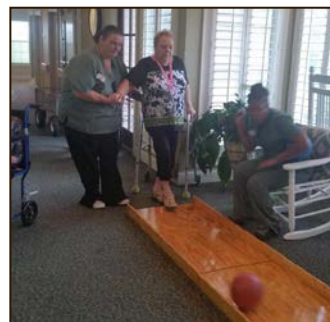
|           |                    |
|-----------|--------------------|
| Lois S.   | 09/12 (B)          |
| Hodo C    | 09/17 (B)          |
| Velma R.  | 09/22 (A - 3 yrs.) |
| Rita T.   | 09/24 (A – 1 yr.)  |
| Bernal R. | 09/27 (B)          |

### Employees:

|             |                    |
|-------------|--------------------|
| Laura J.    | 09/04 (B)          |
| Shawayne H. | 09/22 (A – 3 yrs.) |
| Leona G.    | 09/27 (B)          |

## Strike!

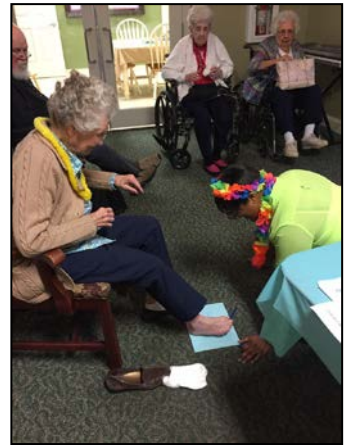
Residents are enjoying the newest addition to Eastridge Senior Living Suites... a one lane bowling alley! Everyone enjoyed watching each other try to bowl their best score.





# Celebrating the Month's Wackiest Holidays

Do you know how many bizarre and wacky holidays can you pack into just one month? We do! In August, we celebrated national spumoni day, national wiggle your toes day, and national smile week (because you can never smile too much!), and did it all while channeling our inner islander!



## Our Philosophy

Our philosophy is based on the definition of Assisted Living.

- Foster Independence for each Resident.
- Treat each Resident with Dignity and Respect.
- Promote Individuality.
- Allow each Resident Choice of Care and Lifestyle.
- Protect each Resident's Right to Privacy.



**Eastridge Senior  
Living Suites**

2309 Richard Street  
Abbeville, LA 70510

**PHONE:**  
**(337) 898-1944**

**FAX:**  
**(337) 892-1298**

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We're on the Web!

See us at:

[www.eastridgeassistedliving.com](http://www.eastridgeassistedliving.com)



## Our Mission

Our mission is to operate and manage the highest level of quality independent and assisted living communities, providing superior service and unmatched value where:

- Residents and their family members are shown compassion, understanding, respect, dignity and caring support.
- Team members feel a sense of belonging.

## REMINDERS ...

- All monthly rent is due by the 5<sup>th</sup> of every month.
- Newspapers are to be handed out by staff only.
- Dietary staff requests all dishes be returned in a timely manner.
- The covered area is for drop-off and pick-up only please

**Thanks!**

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