January 2019

The Eastridge Express

Joyful Expressions from Eastridge Senior Living Suites

2309 Richard Street | Abbeville, LA | 70510 | 337.898.1944 | eastridgesuites.com

Upcoming Events

- Happy Hour— Each Friday
- Resident Council—1/7
- Out to Lunch—1/9
- Mini Golf—1/9
- Casino Trip—1/16
- Painting with a Twist—1/18
- Joy Ride—1/23
- Resident Birthday party—1/30
- Grand Prize Bingo—1/31

Snapshots with Santa

Eastridge Senior Living Suites hosted the one and only Santa Claus last month! He stopped by to take photos with residents and family members. We hope everyone had a very Merry Christmas and wish you a Happy New Year!

EASTRIDGE
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Executive Director	Angie Leblanc
Resident Services Director	Tammy Coudret, LPN
Lead Resident Assistant	Charlene Hoffpauir
Life Enrichment Director	Mandi Thebner
Business Office Manager	Wendy King
Dietary Manager	Pam Bruno

Meal of the Month

Fried Shrimp
Hushpuppies
French Fries
Cole Slaw
Dutch Apple Pie with Ice Cream

Inspirational Quote of the Month

Learn from yesterday, live for today, hope for tomorrow.

-Albert Einstein

Birthdays and Anniversaries

Residents:

Lois Suddeth (A—7 Years)	1/06
Roy Broussard (A—2 Years)	1/06
Mabel Dickinson (A—9 Years)	1/07
Dorothy Romero (A—1 Year)	1/12
Raywook Faulk (A—2 Years)	1/16
Diana Puckett (A—2 Years)	1/20

Employees

Kayla Valley (A—2 yrs.)	1/02
Juliette Mitchell (A—1 year)	1/09
Judy Trahan-(A—13 yrs.)	1/23
Mandi Thebner(A—1 year)	1/29
Bri'Nesha Williams(A—1 year)	1/31

Employee of the Month

Penny Carmouche

Line Dancing with Le Bon Temps

We were in for quite a treat when the Le Bon Temps Line Dancers stopped by last month! They put on a wonderful Christmas show for our residents, who loved every minute!

We Appreciate You, Mandi!

Happy Activity Professionals' Week!

Got a hankering for pinochle? Want to dilly dally or just piddle? Craving your grandmother's 'made from scratch' apple pie? Such are the simple requests of residents…requests that are no different than our very own. And such is the life of our Life Enrichment Directors who have the unique opportunity to interact and engage with our residents from a social perspective. These interactions provide meaningful activity beyond the routine of daily regimented healthcare, which is essential to living a quality life in long-term care. Having a choice of activities and engaging in activities that feel productive and have value is key to experiencing a sense of independence and a positive self-image for residents. So, dilly dally away!

Thank you for your generous offer of your time, talents, and treasures that enrich our residents' lives!

Our Mission

Our mission is to operate and manage the highest level of quality independent and assisted living communities, providing superior service and unmatched value where residents and their family members are shown compassion, understanding, respect, dignity and caring support, and team members feel a sense of belonging.

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Reminders and Announcements:

- All monthly rent is due by the 5th of each month.
- Transportation for doctor's appointments occurring after 2:00 pm will incur an additional fee.
- Newspapers are to be distributed by staff only.
- Dietary staff requests all dishes be returned in a timely manner.
- The covered area is for drop-off and pick-up only.

Our Philosophy

Our philosophy is based on the definition of Assisted Living - To foster independence for each resident, treat each resident with dignity and respect, promote individuality, allow each resident choice of care and lifestyle, and protect each resident's right to privacy.